

2016 Annual Report

CANCER CENTER

SELF REGIONAL
HEALTHCARE

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Self Regional Healthcare Receives Susan G. Komen Grant

Self Regional Healthcare was selected as a 2015 Susan G. Komen Mountains to Midlands grant recipient. The Self Regional Healthcare Cancer Center received \$52,453 that was used for medical imaging including mammograms and diagnostic tests, breast health education and screening outreach.

According to the South Carolina Central Cancer Registry, breast cancer is the most commonly diagnosed cancer among women in South Carolina, and our state ranks 13th in the nation for breast cancer deaths. In 2012 in South Carolina, there were 3,291 new female breast cancer cases diagnosed and 614 deaths. Locally, breast cancer is the most prevalent cancer diagnosis at Self Regional Cancer Center comprising 20 percent of all patients treated. The Lakelands region also has a higher average incidence of late-stage breast cancer diagnosis than the state average (26.575 women in the Lakelands versus 25.5 per 100,000 women in other parts of the state), so being able to address these challenges and provide greater access to preventative care was invaluable.

The funds from this grant allowed Self Regional Cancer Center to provide much needed healthcare services, targeting underinsured and underserved female populations residing in Greenwood, Abbeville, McCormick and Edgefield counties.

More than 150 diagnostic procedures were completed and as a result four women were diagnosed with an early stage breast cancer. Due to this grant, four women were able to detect their breast cancer at an earlier stage when it is likely to be most easily treated.

Cancer Screening Programs

Self Regional Healthcare Cancer Center provides numerous screenings throughout the year without cost for participants. We partner with our local free clinic, Clinica Gratis, to provide these valuable services to our community members. In 2015, Self Regional Healthcare Cancer Center offered four Women's Health Screenings and screened 46 women.

Women's Health Screenings

- 46 Women Screened
- 45 Pap Smears
- 23 Mammograms Scheduled
- 12 Digital Rectal Exams



2015 Pretty in Pink

Every October for the past five years, the Lakelands becomes a little "pinker." Pretty In Pink, the area's largest breast cancer awareness celebration, is a night of celebration, hope and a lot of fun. The event raises money to help provide mammograms for women in need, celebrates breast cancer survivors and spreads the message that early detection can save lives.

"This event means so much to our community," Katie Davis, oncology navigator at Self Regional Healthcare Cancer Center, said. "Not only does it raise funds to help women in need of assistance, but it also is a time to celebrate the survivors and show other women that they are strong enough to fight this battle if they are ever faced with it."

The 2015 event featured Susan Reinhardt, best-selling humor writer, syndicated columnist, speaker and stand-up comic as the featured speaker. The event also featured a fashion show where breast cancer survivors walked the runway in the latest fashions.

The 2015 event raised more than \$7,300 and proceeds provided mammograms and diagnostic breast services for women in need of financial assistance.

2015 Wellness Programs

We realize cancer is more than a medical diagnosis. In order to meet all of our patients' needs, we provide health and wellness offerings for individuals facing the challenges that a cancer diagnosis can bring.

Program	Participants
Women in Pink Support Group.....	61
Survive & Thrive Yoga.....	223

Clinical Trial Outcomes

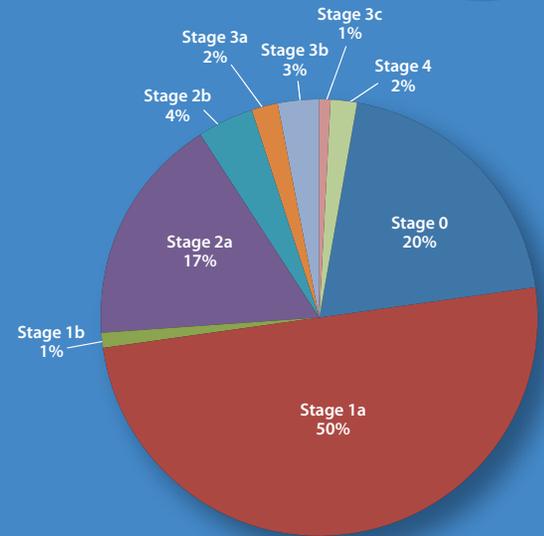
Clinical trials are research studies that explore whether a medical strategy, treatment or device is safe and effective for humans. These studies may also show which medical approaches work best for certain illnesses or groups of people. Through our participation in research trials with the National Cancer Institute and our partnership with the Hollings Cancer Center Clinical Trials Network at the Medical University of South Carolina our patients have access to the most advanced technologies and treatments available while remaining close to home.

In 2015, Self Regional Cancer Center offered four, randomized breast cancer clinical trials that could be offered to patients diagnosed with breast cancer if they met qualifications guidelines. A total of six female patients were enrolled into these trials.

Below is a graph that illustrates Self Regional Healthcare Cancer Center breast cancer cases by stages from 2015. The outlook for women with breast cancer varies by the stage (extent) of the cancer. In general, the survival rates are higher for women with earlier stage cancers, however, it is important to note that the outlook for each woman is specific to her circumstances.

Self Regional Healthcare 2015 AJCC Clinical Stage Report

Stage	Count	(N) Percent (%)
0	18	20.22%
1a	44	49.44%
1b	1	1.12%
2a	15	16.85%
2b	3	3.37%
3a	2	2.25%
3b	3	3.37%
3c	1	1.12%
4	2	2.25%
Total	89	100.00%



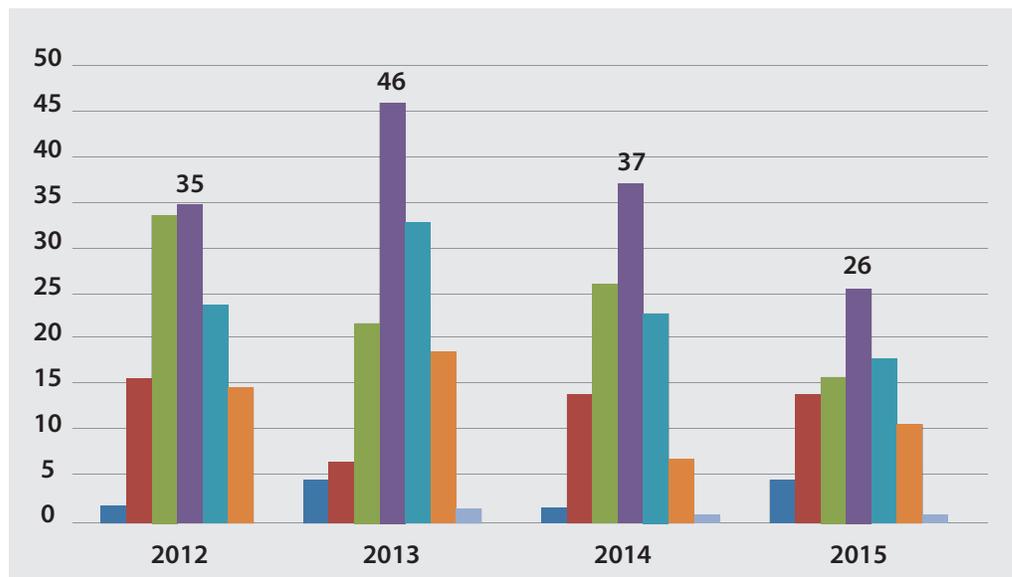
- The five-year relative survival rate for women with stage 0 or stage I breast cancer is close to 100%.
- For women with stage II breast cancer, the five-year relative survival rate is about 93%.
- The five-year relative survival rate for stage III breast cancers is about 72%. But often, women with these breast cancers can be successfully treated.
- Breast cancers that have spread to other parts of the body are more difficult to treat and tend to have a

poorer outlook. Metastatic, or stage IV breast cancers, have a five-year relative survival rate of about 22%. Still, there are often many treatment options available for women with this stage of breast cancer.

It is important to remember that these survival rates are only estimates – they can't predict what will happen to any individual person. We understand that these statistics can be confusing and may lead you to have more questions. Talk to your doctor to better understand your specific situation.

Please note that these statistics come from the National Cancer Institute's SEER database. They are based on the previous version of AJCC staging. In that version stage II also included patients that would now be considered stage IB.

Age at Diagnosis • Breast Cancer 2012 - 2015



According to the Center for Disease Control and Prevention, studies have shown that a person's risk for breast cancer is due to a combination of factors. The main factors that influence your risk include being a woman and getting older. Most breast cancers are found in women who are 50 years old or older. The graph below illustrates Self Regional Healthcare breast cancer cases over the past four years by age at diagnosis. Females aged 60-69 years are consistently the highest diagnosed age range for breast cancer at Self Regional Healthcare Cancer Center.

■ 30 to 39 Years
 ■ 40 to 49 Years
 ■ 50 to 59 Years
 ■ 60 to 69 Years
■ 70 to 79 Years
 ■ 80 to 89 Years
 ■ 90+ Years

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