### **Contact Us**

To receive a registration packet, contact: Mara Schwartz, RN, CDE (864) 725-5007

Fax: (864) 725-4125

E-mail: mara.schwartz@selfregional.org

Therese L. Moore, RD, CDE (864) 554-0500

E-mail: tmoore@selfregional.org



# I am with you every step of the way.



I am Self.

2017 Diabetes Camp

Monday, June 12 - Friday, June 16

Self Regional Healthcare Diabetes Education Center 1226 Spring Street Greenwood, SC 29646 Phone: (864) 725-5007

# About Self Regional Healthcare Diabetes Camp

The Diabetes Education Center offers a day camp for a week each summer, held at the Greenwood YMCA. Campers ages 6-18 get a chance to meet and interact with other children who have diabetes and learn about disease management. Camp involves a variety of physical activity and fun activities throughout the day. Scholarships are available for those who qualify.

### Camp goals include:

- Diabetic children will learn to be more personally responsible for their disease.
  Camp enables them to meet and interact with other children who have diabetes.
- Campers will learn more about using the insulin pump. Those already on the pump will master bolusing and troubleshooting.
- Younger campers with diabetes will learn how to master insulin administration, interpret self-monitoring values, sick-day guidelines and carbohydrate counting.
- All campers will have fun and learn that they can live long, productive lives.

#### Activities include:

- Badminton
- Racquet Ball
- Basketball
- Volleyball
- Hiking
- Climbing Wall
- Swimming



## Registration

Children attending camp must be registered with signed permission slips by May 15, 2017. Sorry, no exceptions!

Campers are to meet at the Greenwood YMCA, 1760 Calhoun Rd. Greenwood, SC 29649, at 9 a.m.

If a camper will be absent, parents must call a staff member beforehand. Campers are to be picked up at 4 p.m. Monday – Thursday and 2 p.m. on Friday (after the picnic).

#### **Camp Staff**

Mara Schwartz RN, CDE (864) 725-5007 Therese Moore, RD, CDE (864) 725-5053

Join us for the family picnic on June 16 at noon at the YMCA pavilion.





