



JULY *Fibroid Awareness* MONTH

5 FIBROID FACTS

Fibroids grow on your uterus.

They can grow inside, outside or in the wall of the uterus.

Fibroids are typically not cancerous.

Despite scary names like “fibroid tumors,” “leiomyomas,” or “myomas,” fibroids are not typically considered cancers.

Fibroids are common in women in their 30’s and 40’s.

Whether diagnosed/undiagnosed, it’s estimated up to 70% of women have fibroids.

Fibroids can be treated in many ways-or left alone.

Unless symptoms become severe, fibroids often go untreated. As always, it’s best to ask your doctor first. They may recommend watchful waiting, medical/hormonal therapy, embolization, or surgery.

Fibroids have an unknown cause.

While there is no known cause, estrogen and progesterone can make them grow. Fibroids usually shrink after menopause.

STATISTICS

6.5 Every year, nearly 6.5 million women in the US seek treatment for fibroids.

3.6 Women with fibroids waited on average of 3.6 years to seek treatment.

3 African American women are 3 times more likely to experience fibroids than Caucasian women.

61 61% of women say fibroids interfere with their daily life.

Together, let’s get to the root of fibroids.

ALTERNATIVE

Now offering **Acessa®**, a new fibroid treatment that is an alternative to hysterectomy. This is a minimally invasive laparoscopic treatment that preserves normal uterine tissue while effectively treating fibroids.

4000+ women have chosen the Acessa procedure.

98% of women in a clinical study recommended the Acessa procedure.

94% of women in a clinical study said the procedure helped with symptoms.



*Infographic sources: Office of Women’s Health www.womenshealth.gov;
University of Pittsburgh Medical Center, www.upmc.com;
Acessa Health, acessaprocedure.com*



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