

# HIGH RISK BREAST CLINIC



**Providing risk reducing  
practices for individuals  
identified with a high  
lifetime risk of developing  
breast cancer**

SELF REGIONAL  
  
HEALTHCARE

**BREAST CENTER**

# A proactive approach to reducing your risks for developing breast cancer and a personalized approach to early detection.

## Risk factors that are known to put women at a higher risk for developing breast cancer:

- Genetic predispositions
- Having a male relative with breast cancer
- Having relatives with history of certain cancers
- Personal history of previous biopsy proven atypia (pre-cancer cells)
- Dense breast tissue (identified by mammogram)
- Chest wall radiation



1 in 8 women will develop breast cancer in her life, but with early detection and screening, quality of life can be improved and lives can be saved.

## At the High Risk Breast Clinic, you'll receive:

- Care tailored to your specific needs
- Personal plan developed and managed by our board-certified, fellowship-trained breast surgeon
- Plans may include a genetics referral, an individualized screening care plan, medical intervention and prophylactic (preventive) surgery options

For more information, visit  
[www.selfregional.org/highriskbreastclinic/](http://www.selfregional.org/highriskbreastclinic/)  
or call (864) 725-5977

