

## Hours and Appointments

Greenwood and Laurens: Monday – Friday, 8 a.m. – 5 p.m.  
Newberry: Monday, Wednesday and Friday, 8 a.m. – 5 p.m.

For after hours drug screen services, please contact our Greenwood office at (864) 993-6837.  
After hours service fee: \$125.00

## Locations

### Greenwood:

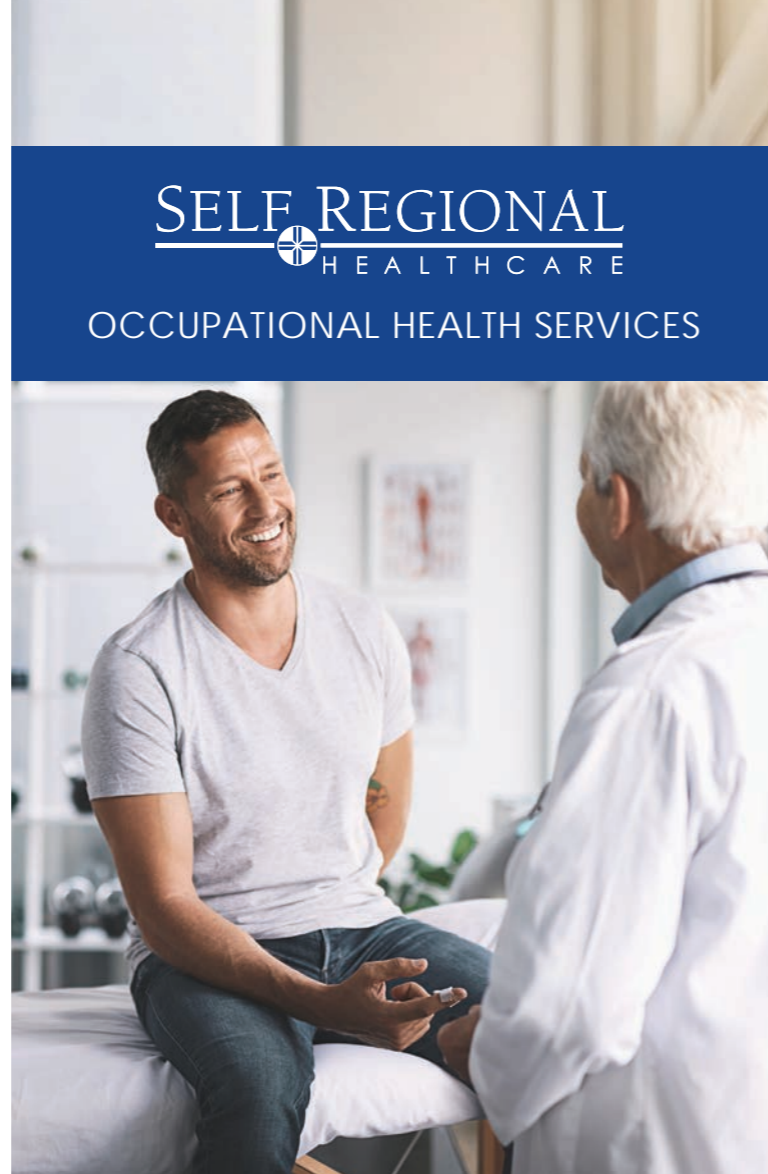
Self Medical Center Tower Pointe  
105 Vinecrest Court, Suite 300  
Greenwood, S.C. 29646  
Phone: (864) 223-6625  
Fax: (864) 388-2171

### Laurens:

Self Medical Center Laurens  
22580 Hwy. 76 East, Suite 200  
Laurens, S.C. 29360  
Phone: (864) 939-1078  
Fax: (864) 725-3808

### Newberry:

Self Medical Center Newberry  
2605 Kinard St., Suite 200  
Newberry, S.C. 29108  
Phone: (803) 597-4036  
Fax: (864) 725-3080



SELF REGIONAL  
HEALTHCARE

OCCUPATIONAL HEALTH SERVICES



Commonly Requested Services

## Drug and Alcohol Testing

Services provided for pre-employment, random testing suspicion/for cause, return to duty, follow up or post-accident.

### Random Drug Screening Program:

Occupational Health Services (OHS) will set up a random program that will meet the compliance criteria of the U.S. Department of Transportation (DOT). OHS will pull names randomly each quarter based on the percentages required by the DOT (50% for drug screening & 10% for breath alcohol). We will provide quarterly and annual reports required by DOT for your files. All data is stored in our OHS electronic medical record.

### Onsite Drug Screen Services

Certified collectors will come onsite during and after business hours for drug screening for random, post-accident or for cause/suspicion drug and alcohol testing. Facility must be located within Greenwood, Laurens, Edgefield, Abbeville, Newberry, McCormick and Saluda counties and must have at least six employees for random testing for during business hours testing. After hours testing is provided in the Self Regional Healthcare Emergency Department and the OHS office, located at 105 Vinecrest Court, Suite 300 in Greenwood. Employee must be accompanied by a supervisor.

### DOT Urine Drug Screens Random/Pre-employment

This is a five-panel urine drug screen that meets the updated requirements of the DOT. All specimens are sent to a DHHS approved lab – Quest Laboratories. Fee includes Medical Review Officer (MRO) fees and proper chain of custody forms required by the DOT. See attached drug panels for details on drugs tested.

### Random or Pre-employment Drug Screens:

#### Urine Nine Panel

This is a nine-panel drug screen performed as requested by employer. All specimens are sent to a DHHS approved lab – Quest Laboratories. Fee includes Medical Review Officer (MRO) fees and proper chain of custody forms required by the DOT. See attached drug panels for details on drugs tested.

#### Urine Ten Panel

This is a ten-panel drug screen performed as requested by employer. All specimens are sent to a DHHS approved lab – Quest Laboratories. Fee includes Medical Review Officer (MRO) fees and proper chain of custody forms required by the DOT. See attached drug panels for details on drugs tested.

#### Urine Healthcare Professional Panel

This is an extended panel including synthetics performed as requested by employer. All specimens are sent to a DHHS approved lab – Quest Laboratories. Fee includes Medical Review Officer (MRO) fees and proper chain of custody forms required by the DOT. See attached drug panels for details on drugs tested.

### Rapid Urine Twelve Panel:

This is a twelve-panel drug screen performed as requested by employer with results provided onsite by certified collector.

As requested by employer, subsequent testing on the specimen can be sent to a DHHS approved lab – Quest Laboratories. Fee includes Medical Review Officer (MRO) fees and proper chain of custody forms required by the DOT. See attached drug panels for details on drugs tested.

### Oral Fluid (Saliva) Drug Screens:

This is a six-panel oral fluid drug screen, performed as requested by employer. All specimens are sent to a DHHS approved lab – Quest Laboratories. Fee includes Medical Review Officer (MRO) fees and proper chain of custody forms required by the DOT. See attached drug panels for details on drugs tested.

### Hair Drug Screens:

This is a five-panel hair drug screen, performed as requested by employer. All specimens are sent to a DHHS approved lab – Quest Laboratories. Fee includes Medical Review Officer (MRO) fees and proper chain of custody forms required by the DOT. See attached drug panels for details on drugs tested.

### Hair Drug Screen - Collection Only:

Employees will bring kits and forms with them to be sent to the laboratory of your choice. Forms should be pre-printed with the MRO information.

### Urine Drug Screen and Oral Fluid - Collection Only:

Employees will bring kits and forms with them to be sent to the laboratory of your choice. Forms should be pre-printed with the MRO information.



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### Breath Alcohol Test:

Breath alcohol tests are performed by certified technicians and results are sent to employer in a timely manner.

### Confirmation of Positive Alcohol with Verification:

If the employee tests positive, a second test must be administered for verification purposes.

## Physical Examinations

### DOT Physical Examination:

Includes all testing required by the DOT, past medical history and basic physical examination for significant impairments or abnormalities. (This includes dipstick urinalysis, vision and hearing screening.) Our office will send the DMV a copy of the forms. All data is stored in our OHS electronic medical record.

### Basic Physical Examination:

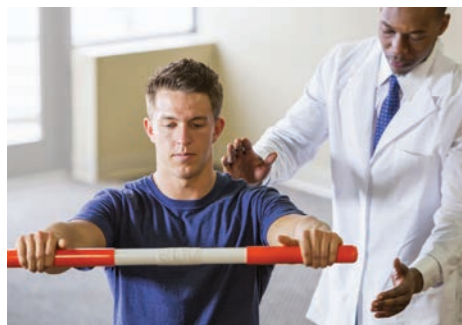
Includes past medical history and basic physical examination for significant impairments or abnormalities. (This includes dipstick urinalysis.) All data is stored in our OHS electronic medical record.

### Comprehensive Physical Examination:

Includes past medical history, surgical and trauma history, review of occupational exposures, review of systems, review of health risk factors, complete physical exam (including pelvic and breast exam for women and prostate exam for men, if desired by individual) and screening tests from the list below at the individual's or employers' discretion. Physician will provide risk factor counseling and forward all results to the individual's personal physician upon request. All data is stored in our OHS electronic medical record.

### Vocational Testing – Post Offer Pre-Employment Screenings:

Testing is performed by certified clinicians. This can include endurance, squat flexibility and strength testing, lifting parameters, carrying, pushing/pulling ability, climbing, and repeated gripping. All data is stored in our OHS electronic medical record.



## Occupational Testing

### Pulmonary Function Testing (Spirometry):

*Spirometry Baseline*

Performed for first time testing, usually for pre-employment, to determine baseline lung expansion.

*Spirometry Pre/Post*

A PFT (spirometry test) is performed before entering the workplace on the first working day of the week, and again after 6+ hours of cotton dust exposure.

*Respirator FIT Qualitative*

### Vision Testing:

Ishihara (Color Vision Testing)  
Jaeger (Near Visual Acuity)  
Titmus (Depth Perception)  
Randot (Depth Perception)  
Snellen (Distance)

### Hearing Test (Audiometry):

Audiometry

### Health Risk Activities:

Health Risk Assessment Questionnaire  
Biometrics Only

**The following ancillary services can be elective components added to either physical exam. Numerous other labs available, please ask for pricing.**

### Labs:

Hemoglobin A1c:  
Urinalysis (dipstick)  
Hepatitis B Antibody  
Hepatitis C Antibody  
HIV  
PPD Placement and Read  
Venipuncture

### Vaccinations:

Adult dT  
Tdap  
Flu Shot (may vary on season)  
Hepatitis B shot (each of a series of three)  
Hepatitis A  
MMR  
Varicella



## Other Services

### Occupational Health Services of Self Regional Healthcare also provides:

- Workers Compensation Care/Injury Management  
X-ray services in the same building at our Greenwood and Laurens locations
- Chest X-ray (two view) for positive PPD only
- **Health Assessment Questionnaire Only:**  
Employer provides form for physician completion. Can be returned to employer or filed in our OHS electronic medical record.

Contact us with questions or call us today to set up services at (864) 223-6625.

## Drug Panels

### Urine 10 Panel

Amphetamines  
Barbiturates  
Benzodiazepines  
Cocaine Metabolite  
Marijuana  
Methadone  
Methaqualone  
Opiates (codeine & morphine)  
Phencyclidine (PCP)  
Propoxyphene

### Urine 9 Panel

Amphetamines  
Barbiturates  
Benzodiazepines  
Cocaine Metabolite  
Marijuana  
Methadone  
Opiates (codeine & morphine)  
Phencyclidine (PCP)  
Propoxyphene

### Urine 5 Panel

Amphetamines (amphetamine & methamphetamine)  
Cocaine  
Marijuana  
Opiates (codeine & morphine)  
Phencyclidine (PCP)

### Urine Healthcare Professional Panel

Amphetamines (amphetamine & methamphetamine)  
Barbiturates  
Benzodiazepines



Cocaine  
Fentanyl  
Marijuana  
Meperidine  
Methadone  
Opiates  
Oxycodone  
PCP  
Propoxyphene  
Tramadol

### Rapid Urine 12 Panel

Amphetamines  
Barbiturates  
Benzodiazepines  
Buprenorphine  
Cocaine  
Marijuana  
Methylenedioxy-Methamphetamine (MDMA)  
Methamphetamine  
Methadone  
Morphine  
Oxycodone  
Phencyclidine (PCP)

### DOT Panel

Amphetamines (amphetamine & methamphetamine)  
Marijuana  
Cocaine  
PCP  
Opiates  
Oxycodone  
Hydrocodone  
Oxymorphone  
Hydromorphone

### Oral Fluid 6 Panel

Amphetamines (amphetamine & methamphetamine)  
Methamphetamines  
Cocaine  
Marijuana  
Opiates  
Phencyclidine (PCP)

### Hair

Amphetamines (amphetamine & methamphetamine)  
Marijuana  
Cocaine  
Opiates  
Phencyclidine (PCP)

